

# CABINET:

## Sleep Aid



### Active Ingredients (in each softgel)

### Purpose

Melatonin 5 mg.....nighttime sleep-aid

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### Warnings

Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reaction occurs. Do not drive, operate machinery or consume alcohol when taking this product. Limit use to two months with a break of one week. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature.

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### Directions

Adults take one (1) softgel daily at bedtime as Melatonin may produce drowsiness.

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### Other Ingredients

FD&C Blue No. 1, FD&C Red No. 40, gelatin, glycerin, polyethylene glycol 400, povidone, propylene glycol, purified water, sorbitol solution, titanium dioxide