

# CABINET:

## Pain Reliever & Fever Reducer



### Active Ingredients (in each tablet)

### Purpose

Ibuprofen 200 mg (NSAID)\*\*.....Pain reliever/fever reducer  
\*\*nonsteroidal anti-inflammatory drug

---

### Uses

- temporarily relieves minor aches and pains due to:
- headache
- toothache
- backache
- menstrual cramps
- the common cold
- muscular aches
- minor pain of arthritis
- temporarily reduces fever

---

### Warnings

**Allergy alert:** Ibuprofen may cause a severe allergic reaction, especially in people allergic to aspirin. Symptoms may include:

- hives
- facial swelling
- asthma (wheezing)
- shock
- skin reddening
- rash
- blisters.

If an allergic reaction occurs, stop use and seek medical help right away.

**Stomach bleeding warning:** This product contains a non steroidal anti-inflammatory drug (NSAID), which may cause severe stomach bleeding. The chance is higher if you:

- are age 60 or older
- have had stomach ulcers or bleeding problems
- take a blood thinning (anticoagulant) or steroid drug
- take other drugs containing prescription or non prescription NSAIDs [aspirin, ibuprofen, naproxen, or others]
- have 3 or more alcoholic drinks every day while using this product
- take more or for a longer time than directed

**Heart attack and stroke warning:** NSAIDs except aspirin increases the risk of heart attack, heart failure and stroke. These can be fatal. The risk is higher if you use more than directed or for longer than directed.

**Do not use**

- if you have ever had an allergic reaction to any other pain reliever/fever reducer
- right before or after heart surgery

**Ask a doctor before use if**

- the stomach bleeding warning applies to you
- you have problems or serious side effects from taking pain relievers or fever reducers
- you have stomach problems, such as heartburn
- you have high blood pressure, heart disease, liver cirrhosis, kidney disease or asthma, or had a stroke
- you are taking a diuretic

**Ask a doctor or pharmacist before use if you are**

- under a doctor's care for any serious condition
- taking aspirin for heart attack or stroke, because ibuprofen may decrease this benefit of aspirin
- taking any other drug

**When using this product**

- take with food or milk if stomach upset occurs
- the risk of heart attack or stroke may increase if you use more than directed or for longer than directed

**Stop use and ask a doctor if**

- you experience any signs of stomach bleeding (feel faint, vomit blood, have bloody or black stools, have stomach pain that does not get better)
- you have symptoms of heart problems or stroke (chest pain, trouble breathing, weakness in one part or side of body, slurred speech, leg swelling)
- pain gets worse or lasts more than 10 days
- fever gets worse or lasts more than 3 days
- redness or swelling is present in the painful area
- any new symptoms appear

**If pregnant or breast-feeding,** ask a health professional before use. It is especially important not to use ibuprofen during the last 3 months of pregnancy unless definitely directed to do so by a doctor because it may cause problems in the unborn child or complications during delivery.

**Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center right away. (1-800-222-1222)

---

### Directions

- do not take more than directed**
- the smallest effective dose should be used**
- do not take longer than 10 days, unless directed by a doctor (see Warnings)
- adults and children 12 years and over: take 1 tablet every 4 to 6 hours while symptoms persist
- if pain or fever does not respond to 1 tablet, 2 tablets may be used
- do not exceed 6 tablets in 24 hours, unless directed by a doctor
- children under 12 years: ask a doctor

---

### Other Information

- read all warnings and directions before use
- store between 20°-25°C (68°-77°F)
- avoid excessive heat above 40°C (104°F)

---

### Inactive Ingredients

Colloidal silicon dioxide, croscarmellose sodium\*, iron oxide red, magnesium stearate\*, microcrystalline cellulose\*, polyethylene glycol, polyvinyl alcohol, povidone K-30\*, pregelatinized starch, sodium starch glycolate\*, stearic acid\*, talc, titanium dioxide

\*contains one or more of these ingredients

# CABINET:

## Pain Reliever & Fever Reducer



### Active Ingredients (in each tablet)

### Purpose

Acetaminophen 500 mg.....Pain reliever/fever reducer

---

### Uses

- temporarily relieves minor aches and pains due to:
- the common cold • headache • backache • minor pain of arthritis • toothache • muscular aches • premenstrual and menstrual cramps • temporarily reduces fever

---

### Warnings

**Liver warning:** This product contains acetaminophen. Severe liver damage may occur if you take • more than 4,000 mg of acetaminophen in 24 hours • with other drugs containing acetaminophen • 3 or more alcoholic drinks every day while using this product

**Allergy alert:** Acetaminophen may cause severe skin reactions. Symptoms may include: • skin reddening • blisters • rash  
If a skin reaction occurs, stop use and seek medical help right away.

**Do not use** • with any other drug containing acetaminophen (prescription or non prescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.  
• if you are allergic to acetaminophen or any of the inactive ingredients in this product

**Ask a doctor before use if you have liver disease**

**Ask a doctor or pharmacist before use if you are taking the blood thinning drug warfarin**

**Stop use and ask a doctor if** • pain gets worse or lasts more than 10 days • fever gets worse or lasts more than 3 days • new symptoms occur • redness or swelling is present. These could be signs of a serious condition.

**If pregnant or breast-feeding,** ask a health professional before use.  
**Keep out of reach of children.**

**Overdose warning:** In case of overdose, get medical help or contact a Poison Control Center right away. (1-800-222-1222)  
Quick medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

---

### Directions

- **do not take more than directed (see overdose warning)**
- adults & children 12 years & older: • take 2 tablets every 6 hours while symptoms last • do not take more than 6 tablets in 24 hours, unless directed by a doctor • do not use for more than 10 days unless directed by a doctor children under 12 years: ask a doctor

---

### Other Information

- each tablet contains: magnesium 0.43 mg • store between 20-25°C (68-77°F)

---

### Inactive Ingredients

Hypermellose, magnesium stearate, microcrystalline cellulose, polyethylene glycol, polyvinylpyrrolidone, pregelatinized starch, stearic acid, talc, titanium dioxide

# CABINET:

## Allergy Relief



### Active Ingredients (in each tablet)

### Purpose

Diphenhydramine HCl 25 mg..... Antihistamine

---

### Uses

- temporarily relieves these symptoms due to hay fever or other upper respiratory allergies: • runny nose • sneezing • itchy, watery eyes • itching of the nose or throat • temporarily relieves these symptoms due to the common cold: • runny nose • sneezing

---

### Warnings

**Do not use** • to make a child sleepy • with any other product containing diphenhydramine, even one used on skin

**Ask a doctor before use if you have** • a breathing problem such as emphysema or chronic bronchitis • glaucoma • trouble urinating due to an enlarged prostate gland

**Ask a doctor or pharmacist before use if you are taking** sedatives or tranquilizers

**When using this product** • marked drowsiness may occur • avoid alcoholic drinks • alcohol, sedatives, and tranquilizers may increase drowsiness • be careful when driving a motor vehicle or operating machinery • excitability may occur, especially in children

**If pregnant or breast-feeding**, ask a health professional before use. **Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center right away. (1-800-222-1222)

---

### Directions

- take every 4 to 6 hours • do not take more than 6 doses in 24 hours • adults & children 12 years & over; 1 to 2 tablets • children 6 to under 12 years; 1 tablet • children under 6 years; do not use this product in children under 6 years of age

---

### Other Information

- each tablet contains:** calcium 24 mg • store between 15-30°C (59-86°F) • protect from moisture and light

---

### Inactive Ingredients

Colloidal silicon dioxide, croscarmellose sodium, dicalcium phosphate, D&C Red No. 27 Aluminum lake, lecithin, magnesium stearate, microcrystalline cellulose, polyethylene glycol, polyvinyl alcohol, talc, titanium dioxide

# CABINET:

## Stomach Relief



### Active Ingredients (in each softgel)

### Purpose

Bismuth subsalicylate 262 mg..... and anti-diarrheal

---

### Uses

relieves • travelers' diarrhea • diarrhea • upset stomach due to over indulgence in food and drink, including: • heartburn • indigestion • nausea • gas • belching • fullness

---

### Warnings

**Reye's syndrome:** Children and teenagers who have or are recovering from chicken pox or flu-like symptoms should not use this product. When using this product, if changes in behavior with nausea and vomiting occur, consult a doctor because these symptoms could be an early sign of Reye's syndrome, a rare but serious illness.

**Allergy alert:** Contains salicylate.

**Do not take if you are** • allergic to salicylates (including aspirin) • taking other salicylate products

**Do not use if you have** • an ulcer • a bleeding problem • bloody or black stool

**Ask a doctor before use if you have** • fever • mucus in the stool

**Ask a doctor or pharmacist before use if you are taking any drug for** • anticoagulation (thinning the blood) • diabetes • gout • arthritis

**When using this product** a temporary, but harmless, darkening of the stool and/or tongue may occur

**Stop use and ask a doctor if** • symptoms get worse or last more than 2 days • ringing in the ears or loss of hearing occurs • diarrhea lasts more than 2 days

**If pregnant or breast-feeding,** ask a health professional before use. **Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center right away. (1-800-222-1222)

---

### Directions

• swallow with water, do not chew • adults and children 12 years and over: • 2 softgels (1 dose) every 1/2 hour or 4 softgels (2 doses) every hour as needed for diarrhea • 2 softgels (1 dose) every 1/2 hours as needed for overindulgence (upset stomach, heartburn, indigestion, nausea) • do not exceed 8 doses (16 softgels) in 24 hours • use until diarrhea stops but not more than 2 days • children under 12 years: ask a doctor • drink plenty of clear fluids to help prevent dehydration caused by diarrhea

---

### Other Information

• each softgel contains: Salicylate 99 mg • very low sodium • store between 15-30°C (59-86°F)

---

### Inactive Ingredients

Aerosil, beeswax, FD&C Red No. 33, FD&C Yellow No. 6, gelatin, glycerin, light liquid paraffin, purified water, soya lecithin, sodium carboxy methyl cellulose, sorbitol solution, titanium dioxide

# CABINET:

## Laxative



### Active Ingredients (in each tablet)

### Purpose

Bisacodyl (USP) 5 mg.....Stimulant Laxative

---

### Uses

- relieves occasional constipation (irregularity)
- generally produces bowel movement in 6-12 hours

---

### Warnings

**Do not use** if you cannot swallow without chewing

**Ask a doctor before use if you have**

- stomach pain, nausea or vomiting
- a sudden change in bowel habits that lasts more than 2 weeks

**When using this product** • do not chew or crush tablet(s)

- it may cause stomach discomfort, faintness and cramps
- do not use within 1 hour after taking an antacid or milk

**Stop use and ask a doctor if** • you have rectal bleeding or no bowel movement after using this product. These could be signs of a serious condition • you need to use a laxative for more than 1 week

**If pregnant or breast-feeding**, ask a health professional before use.

**Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center right away. (1-800-222-1222)

---

### Directions

- take with a glass of water
- adults & children 12 years of age & over: 1 to 3 tablets in a single daily dose
- children 6 to under 12 years: 1 tablet in a single daily dose
- children under 6 years of age: ask a doctor

---

### Other Information

**Each tablet contains:** magnesium 5 mg • store at 20-25°C (68-77°F) • protect from excessive humidity

---

### Inactive Ingredients

Acacia, anhydrous calcium sulfate, anhydrous lactose, carnauba wax, colloidal silicon dioxide, corn starch, D&C Red #27 aluminum lake, D&C Yellow #10 aluminum lake, FD&C Blue #2 aluminum lake, FD&C Yellow 6, gelatin, iron oxide, iron oxide black, iron oxide yellow, magnesium stearate, microcrystalline cellulose, poly ethylene glycol, polyvinyl acetate phtalate, povidone, shellac, sodium starch glycolate, stearic acid, sugar, tale, titanium dioxide laurylsulphate, stearic acid

# CABINET:

## Sleep Aid



Active Ingredients (in each softgel)	Purpose
Melatonin 5 mg.....	nighttime sleep-aid

---

### Warnings

Not indented for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reaction occurs. Do not drive, operate machinery or consume alcohol when taking this product. Limit use to two months with a break of one week. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature.

---

### Directions

Adults take one (1) softgel daily at bedtime as Melatonin may produce drowsiness.

---

### Other Ingredients

FD&C Blue No. 1, FD&C Red No. 40, gelatin, glycerin, polyethylene glycol 400, povidone, propylene glycol, purified water, sorbitol solution, titanium dioxide

# CABINET:

## Cough Relief



### Active Ingredients (in each softgel)

### Purpose

Dextromethorphan HBr 15 mg.....Cough suppressant

---

### Uses

- temporarily relieves cough due to minor throat and bronchial irritation as may occur with a cold

---

### Warnings

**Do not use** • If you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.

**Ask a doctor before use if you have** • a cough that occurs with too much phlegm (mucus) • a cough that lasts or is chronic as occurs with smoking, asthma, or emphysema

**Stop use and ask a doctor if** cough lasts for more than 7 days, comes back, or is accompanied by fever, rash, or persistent headache. These could be signs of a serious condition.

**If pregnant or breast-feeding**, ask a health professional before use.

**Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center right away. (1-800-222-1222)

---

### Directions

**adults and children 12 years of age and older:** • do not take more than 8 softgels in any 24-hour period • this adult product is not intended for use in children under 12 years of age • adults & children 12 years & over: take 2 softgels every 6 to 8 hours, as needed • children under 12 years of age: do not use

---

### Other Information

- store at 20-25°C (68-77°F) • avoid excessive heat above 40°C (104°F) • protect from light

---

### Inactive Ingredients

FD&C Red No. 40, gelatin, glycerin, polyethylene glycol 400, propylene glycol, povidone, sorbitol sorbitan solution, titanium dioxide

# CABINET:

# Nasal Decongestant



Active Ingredients (in each tablet)	Purpose
Phenylephrine HCl 10 mg.....	Nasal decongestant

---

## Uses

- temporarily relieves sinus congestion and pressure
- temporarily relieves nasal congestion due to the common cold, hay fever or other upper respiratory allergies

---

## Warnings

**Do not use** if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.

**Ask a doctor before use if you have** • heart disease • high blood pressure • thyroid disease • diabetes • trouble urinating due to an enlarged prostate gland

**When using this product do not exceed recommended dose**

**Stop use and ask a doctor if** • nervousness, dizziness, or sleeplessness occur • symptoms do not improve within 7 days or occur with a fever

**If pregnant or breast-feeding**, ask a health professional before use. **Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center right away. (1-800-222-1222)

---

## Directions

- adults & children 12 years & over: • take 1 tablet every 4 hours; • do not take more than 6 tablets in 24 hours: • children under 12 years: ask a doctor

---

## Other Information

- store between 20° and 25°C (68° and 77°F)

---

## Inactive Ingredients

Croscarmellose sodium, FD&C red #40 aluminum lake, FD&C yellow #6 aluminum lake, hypromellose, lactose, magnesium stearate, micro crystalline cellulose, polyethylene glycol, silicon dioxide, titanium dioxide